

Practical Christianity Series

Part 11 Guide on Self-Deliverance from Demons and Curses

If you have followed the Practical Christianity Series, in part 3 I discussed with you how to break generational curses hanging over your family lines. In this session however, I will focus on practical deliverance from demons and curses that you may have opened doors in your life. If you are aware of demonic manifestations in your life and curses, the good news is that you can break free from those. If you want to benefit from this practical guide, please make sure you follow the steps in Part 3, then you can proceed with this session guide. Please do not attempt to do this if your specific case requires deliverance ministry assistance. Those are cases of occultic nature at high levels and need the support of the body of Christ.

Firstly, let me say that this type of ministry is one of the most neglected in the Church and the results are evident everywhere. Satan has taken the Bride of Christ captive by polluting the teachings of Jesus with doctrines of demons.

*But the Spirit expressly says that in the latter times some shall depart from the faith, giving heed to seducing spirits and teachings of demons, **(1Timothy 4:1 MKJV)***

Yet, this specific ministry is the evidence that the Kingdom of God has come upon us:

*But if I cast out demons by the Spirit of God, then the kingdom of God has come to you. **(Mat 12:28 MKJV)***

Did you know that there is no single case in the old testament of someone being delivered from demons? Jesus cast out spirits and gave us the authority to do the same. What happened with the theology of the Church between the first century AD and our days? You guessed right – it got polluted. For the sake of time I will not go through the scriptural references for the deliverance ministry to convince you that it is valid. If you are unconvinced because of other doctrinal teachings, please send me an email separately and I will gladly defend the Lord's teachings on deliverance.

Let's start with basics. How do demons enter a human being? They enter when we break the Law of God. So, demons are very legalistic. However, not every disobedience to the Law of God allows them to enter.

There are three main categories of sins that allow demons direct access to enter as follows:

1. Sexual sins (fornication, adultery, rape, pornography, etc.)
2. Occultic sins (from tarot card reading to being part of satanic lodges or organisations including cults and sects and many more)
3. Generational doorways (this we dealt in part 3).

How does one get delivered from these?

1. Become born-again;
2. Repent and renounce all your old ways in general that may have included the above categories 1 and 2;
3. Start growing in the Lord immediately, enrol on a discipleship course and put the Lord first in everything you do;
4. Make sure you have no unforgiveness toward anybody.

After following this guidance diligently, then you will be ready for self-deliverance if you need one. How?

1. Set a day of fast and prayer, and ask the Holy Spirit to show you doorways that have been opened in your past for demons to enter (please download demonic doorways chart from the information box below the video);
2. Start writing down all the doors that have been shown to you;
3. Ask Christian friends to pray for you while you are busy with your deliverance session.

Once you are finished with the list start confessing one by one your sins and renouncing them in the following example prayer:

Lord I have sinned by (name the sin – sleeping with this man). I confess and repent of my sin before you and ask you to forgive me and cleanse me from this sin. I plead the blood of Jesus over this sin and I ask you to release me from any demon or curse that may have entered through this door. I ask this in the name of Jesus Christ. Amen.

The next step is to issue a command to the demon that entered through that specific door as the following example:

I command any demon that may have entered my body through this sin of (name the specific sin – sleeping with this man). This sin is forgiven, and the blood of Jesus covers it. You demons have no longer legal ground to be in my body. I command you in the name of Jesus to leave my body at once and go where Jesus commands you to go. I break any curse attached to this sin in the name of Jesus, and I command you demons attached to those curses to leave at once and go where Jesus Christ directs you.

Follow the same pattern, confessing and commanding, until your list is finished. Once you have completed the list, thank God for the deliverance and ask Him to bring healing upon your body from the effects of the demonic oppression upon your life.

It is critical to stay in prayer and have support in prayer from believers throughout this process and few weeks after your self-deliverance. This is a period where demons would try to re-enter by using deception or affliction from outside to simulate the same symptoms you have experienced when they were inside you. In that way they would attempt to convince you that nothing worked, and all is the same so you can surrender your guard and give in to unbelief. Be vigilant and do not give in to these deceptions.

Fear is another way which demons use to scare believers out of the self-deliverance attempt. This usually happens before you begin your deliverance session.

Please download from the information box below the demonic doorways guide. I pray the Lord will set you free from demons so you can complete the work the Jesus has assigned for you to glorify His name.

Our next part 12 is about How to Ensure You are Being Filled with the Holy Spirit.